



Welcome

Foundation Parents' Booklet

2018-19



LEADERSHIP

Principal Karen Duval

Deputy Principal Christie Butler

Assistant Principal Anita Hall

Attendance – please contact the school via Skoolbag or phone if your child is absent. Attendance is monitored closely through Sentral.



General Information ~

Our Contact Details

Prospect Primary School
27 Gladstone Road
Prospect 5082



Phone: 8344 5696

Email: dl.0368.info@schools.sa.edu.au

Skoolbag:

Website: www.prospectps.sa.edu.au

Facebook: Prospect Primary School

Our Early Years Vision ~

At Prospect Primary School we aim to create a learning environment that is welcoming for children and their families. We have created a secure, supportive school where children are encouraged to explore, create, investigate, build relationships, make new friends and take risks with their learning. We want children to develop to their full potential and become powerful learners.

We embrace the uniqueness of every child. We celebrate diversity, value relationships and are dedicated to fostering the 'whole child', their academic, social, physical and emotional self.

Early childhood is a specialist area and we are privileged to be a part of your child's early learning journey.

Preparing your child for school ~

Starting school is a major step in helping children develop independence. It is really useful if your child can do the following things...

- Share toys and equipment
- Handle a pencil
- Sing some nursery rhymes
- Practice counting to 10
- Listen well and follow simple instructions
- Dress and undress themselves
- Use the toilet independently and ask to go there
- Tidy up after himself/herself
- Recognise their own name
- Feed himself/herself



How can I help my child prepare for school?

- Encourage your child to be as independent as possible even if it takes far longer for them to get ready.
- Get them used to a routine reasonably early to bed and up early enough for you and our child to have a stress free time to get ready for school.
- Never threaten them with school! Be positive. Show it to them as an enjoyable experience.

What can I do with my child before they start school ~



- Give your child as many varied experiences as possible: drawing, painting, cooking, singing, making models, playing games, jigsaw, etc
- Get them used to: pencils, crayons, felt pens, chalks, play dough, scissors, glue sticks. Remind them of the correct pencil grip.
- Share stories, books and rhymes. Read to them and discuss the story.
- Count everything and share things out. Do cooking together, go shopping together.
- Talk to them all the time. Name familiar things and discuss what they see around them and what things are for. Talk about what you see when you are out and about. Watch people work and discuss what they are doing.



The school day~



School times ~

School starts at 8:50am and school finishes at 3:10pm

It is really important for your child to be at school on time and ready to start the day before the bell rings.

Before school ~

The corridor and classroom doors are open and ready for the children to come in at 8:50am.

Children who arrive at school prior to this time wait outside until the doors are open.

During school ~

8:50- 11:10am Lesson Time (Crunch and Sip approx. 10:00am)

11:10 – 11:30am Recess play

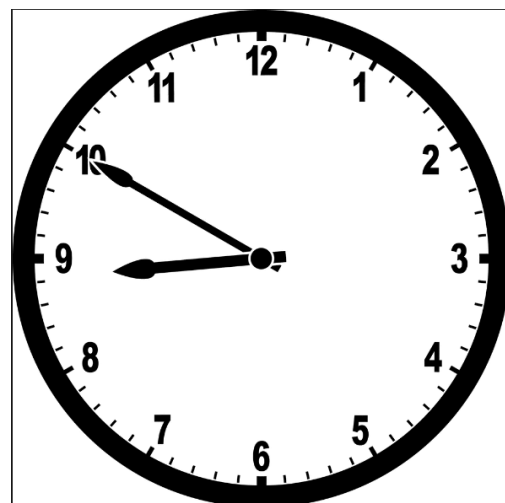
11:30 – 12:50pm Lesson Time

12:50 – 1:00pm Supervised eating

1:00 – 1:40pm Lunch Play

1:45 – 3:10 pm Lesson Time

3:10pm Home Time



After School ~

We prefer the children to stay with the teacher outside the corridor until we can see their parent/caregiver waiting for them. Children going to After School Care are collected by a worker from under the breezeway between the corridor and admin block. Please come and talk to us if you need to make other arrangements.

Out of School Hours Care ~ OSHC



OSHC provides Before and After School Care as well as care on Pupil Free Days and School Holiday Vacation Care. They offer a wide range of activities for children.

CHILDREN NEED TO BE BOOKED IN.

Before school Care times

7am – 8:45am

After School Care Times

3:10pm - 6:15pm

Vacation Care and Pupil Free Days Times

7am – 6:15pm

Co Directors

Gemma Stewart and Manning McInerney

OSHC mobile

0456 966 460

General Information Email

oshc.PPS87@schools.sa.edu.au





Food ~



Prospect Primary School has a healthy eating guidelines.

Lollies and chocolate are not part of a healthy diet and not encouraged.

We encourage "NUDE FOOD" containers where possible instead of zip lock bags or glad wrap.



- **Crunch and Sip** (approx. 10:00am)

This is a time when children have a quick snack of fruit/vegetables or savoury biscuits or dairy such as yogurt or cheese and a drink of water.

- **Recess**

This is a time when children can eat fruit/ snack type food.

- **Lunch**

Choices include sandwiches, pasta, rice, salad vegies, noodles, sushi, frittata, pita bread rolls up etc. Please be aware we are not permitted to heat any food for children at school. If needed, please provide a plastic spoon/fork to eat lunch. We always allow children **10 – 15 minutes**

(longer during the first few weeks of the school year) before playtime to eat their food. This time is supervised by the teacher.



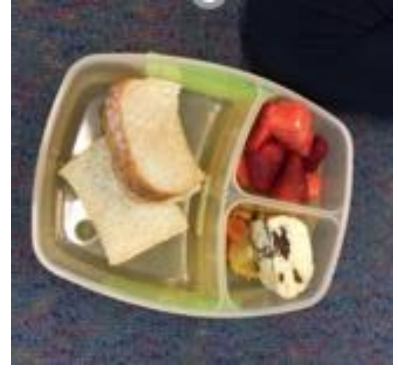
- **Water Bottles in classrooms**

All children are encouraged to bring a drink bottle filled with water to keep in the classroom during lesson times. With this age group 'spill-proof' drink bottles are great! The 'sucker' type bottles seem to be more effective. Only drink bottles filled with **water** will be allowed in the classroom.



Examples of food to pack in lunchboxes ~

Please pack what you know your child likes.



Food Allergies and Medications

Please be aware that there are many children with allergies. We are a nut aware school.



Some foods that cause allergies might include –

- Nuts of any kind
- Peanut paste, including on sandwiches or dipping packets
- Nutella, including on sandwiches or dipping packets.
- Nut Muesli bars
- Eggs
- Bananas

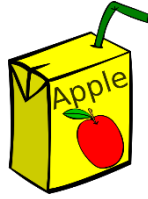
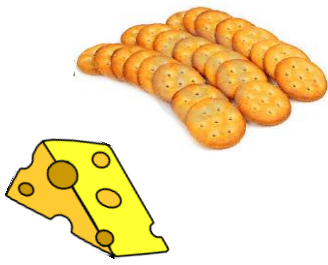
Your child's class teacher will advise you on any additional foods that need to be avoided.

Please send medication to school with school Health care plan.

Ordering Lunches ~

You can order your child's lunch from the Prospect Café and Bakery opposite Coles on Prospect Road in the mall..

If you order your child's lunch, please remember to pack your child's Sip and Crunch food and Recess food as well.



Plain brown bags are ideal for ordering or an envelope
A price list will be sent home in the new year.

Please label the paper bag with ~

- Your child's name
- The teacher's name and room number
- What you wish to order
- The correct money is appreciated
- Lunches are delivered to the classroom in time for eating.

What to pack in the school bag ~

School bags need to be big!



The Prospect Primary School back pack is available for purchase from the uniform shop are a great size. A little individual bag tag/toy is great.

This is what ALL children need to put into their school bag.

- **Library Bag** ~ Each student will be given a calico bag during their transition visit. This bag can be used as a library bag.
- **Crunch and Sip, Recess and Lunch boxes** ~ Please make sure that your child can easily open their own lunch box. Please clearly label their lunch box and lid. You might like to add one of those ice packs to keep food fresh. The corridor is air conditioned where the children store their school bags.
- **Spare clothes** ~ Always handy for unexpected accidents at school! Once again kept in a plastic bag at the bottom of the school bag. Socks, underwear, shorts and t-shirt. Please check them each season so children have weather appropriate clothes. It would be handy to add an extra plastic bag for the wet/soiled clothes.
- **School hat** ~ Please label the school hats. Hats are kept in the children's tray in the classroom. It is a great idea to keep a spare in the school bag. If your child attends OSHC they will need a hat to play outside.

PLEASE CLEARLY NAME ALL YOUR CHILD'S BELONGINGS.

Checklist for the bag ~

For those of you who like a checklist, we have listed all the main things you need to get ready in your child's school bag for their first day of school. Feel free to use this to check things off as you do them.

School Bag - named	
Individual bag tag/toy	
Library bag – named (Transition calico bag)	
Spare clothes and plastic bags	
2 hats - named	
Water bottle - named	
Lunch box (child can open easily) - named	
Crunch and Sip food –fruit/vegetables in a container - named	
Any Medication and Health Care forms go to the schools front office eg Asthma	

Once your child has started school they will be supplied with a Communication Folder.



Uniform for school ~

All uniform items are available from
Sports Centre School Wear.



Uniform for school ~



Hats and Footwear ~

Hats ~

Prospect Primary has a Sun Safe Policy. On recommendation from the Cancer Council of Australia children wear hats when the UV rating is 3 or above. We always recommend that children have **2 hats** – 1 in their bag and 1 in their classroom. Please make sure your child's name is clearly written inside their hat with a waterproof marker or a name tag.



Footwear ~

Children always need to wear shoes that fit well, allow them to be physically active and keep those little toes safe. A traditional lace up shoe is fine as are sandals with an enclosed toe area and 'runner's'. Very young children can find shoe laces really tricky. Shoes that do up using Velcro are a great alternative for helping children to be. Buckles on sandals are also great.



First Day at School ~

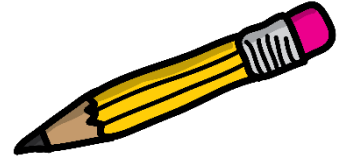


- Arrive on time. (8:30 – 8:50am)

Your child can play in the yard unc
supervision.

- Come in and look around the classroom areas.
- Encourage your child to get started with a play activity.
- Give them a cuddle and a kiss and let them know you are leaving and that you will be back to pick them up after school.
- Take a deep breath and summoning up all your courage – go.
- Leave cheerfully.
- If your child is emotional don't panic. It's a perfectly normal reaction. As any teacher will tell you, a new child's tears have an amazing tendency to vanish magically, as soon as parents go.
- Trust the class teacher to look after any first day tears.

First Day at School ~



Stationery

Your child does not need any stationery items such as pencils, books, pencils cases when they start school. Everything your child needs will be supplied by the class teacher.



Tissues

We ask that each family provides a box of tissues for children to use. You can give this to the teacher during the first few days of school.



Communication ~

Parent
Communication



Communication ~

Skoolbag

Newsletters

Communication books

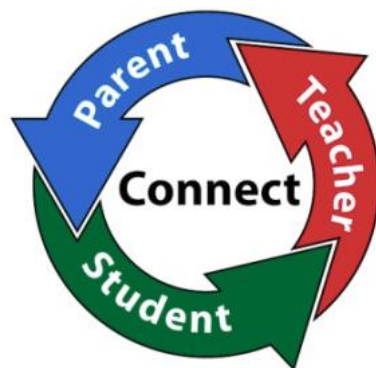
Email

Informal chats

Communication folder

Parent teacher student chats

Class dojo/Facebook/ Seesaw/ School website



Links

www.australiancurriculum.edu.au